

THE KEY

FASTING 2025

As children, we are often taught certain keywords that can solve problems or change situations. In spiritual life, that key word is “remain.” It is God’s constant invitation to remain in His love and obedience. Remaining in His Word is essential for opening the doors to the Kingdom of Heaven and experiencing its reality here on earth.

The Lord God placed the man in the Garden of Eden to tend and watch over it. But the Lord God warned him, “You may freely eat the fruit of every tree in the garden—except the tree of the knowledge of good and evil. If you eat its fruit, you are sure to die.”

Genesis 2:15–17 NLT

From the beginning of creation, God entrusted man with the responsibility to care for and maintain what He had given him. The warning not to eat from the tree of the knowledge of good and evil was not merely a divine whim, but guidance to remain aligned with their purpose. Essentially, the instruction was to remain trusting in Him.

Later we find the key that our Father gives us to remain in life, in His blessings, in His Kingdom.

“Today I have given you the choice between life and death, between blessings and curses. Now I call on heaven and earth to witness the choice you make. Oh, that you would choose life, so that you and your descendants might live! You can make this choice by loving the Lord your God, obeying him, and committing yourself firmly to him. This is the key to your life.

Deuteronomy 30:19–20 NLT

Remaining in God’s Word is the way to experience His Kingdom here on earth. In doing so, we not only open the doors to a life abundantly rich in His love and purpose, but also prepare ourselves for an eternal future with Him.

But if you remain in me and my words remain in you, you may ask for anything you want, and it will be granted!

When you obey my commandments, you remain in my love, just as I obey my Father's commandments and remain in his love..

John 15:7,10 NLT

Remaining in Him and in His love is directly linked to obeying His commandments. Obedience, in this context, is not merely following rules but an act of love and trust. True love is manifested in the willingness to follow God's teachings, regardless of whether we perceive them as "good" or "bad."

“Not everyone who calls out to me, ‘Lord! Lord!’ will enter the Kingdom of Heaven. Only those who actually do the will of my Father in heaven will enter.

Matthew 7:21 NLT

It is not enough to carry out works in His name; it is crucial to do what truly pleases God. The most important thing is not just what we do, but doing it under His direction, in His timing, and according to His way. He is the King.

Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise.

Hebrews 10:23 NLT

In Hebrews 10:23-25, our Heavenly Father encourages us to remain steadfast in our hope, knowing that He will keep His promises. Doing so in community allows us to encourage one another and practice love and good works, strengthening unity in the Spirit. This community is where we stay together, growing in love and dedication to His Word.

Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

Ephesians 4:3 NLT

May our daily commitment to His Word and our dedication to living in community strengthen us to remain faithful to the end, joyfully awaiting His glorious return. Let us live as obedient children, reflecting His love to the world and drawing others to the path of eternal life.

Application

Commitment to the Word of God: Make an effort to read the Bible daily. Read it, seeking to understand, and apply what you learn to your daily life. Write down what you feel God is saying to you and reflect on how you can obey His voice.

Pray that God gives you wisdom and a heart willing to obey Him. Ask Him not only what to do, but also how and when to do it, according to His will.

Reflection

What things should I change in my life to be able to remain in His word and, therefore, in His love? What steps can I take this week to strengthen my commitment to stay on His path?