



ASKING

FASTING 2025

The heavens belong to the Lord, but he has
given the earth to all humanity.

Psalms 115:16 NLT

This verse establishes the foundation of our relationship with God and the world around us. When speaking of the Kingdom of God, we understand that His government and authority are manifested here on earth. For this to happen, it is vital that we understand the role that asking plays within our lives.

The Reason for Asking:

Asking is not an act of weakness, but an expression of dependence. As beings created in the image of God, we are designed to live in communion with Him and with others. Asking becomes a recognition that we are not self-sufficient; we need His intervention, provision and guidance. When we ask, we affirm our trust in His goodness, His power, and His love.


Now all glory to God, who is able, through his mighty power at
work within us, to accomplish infinitely more
than we might ask or think.

Ephesians 3:20 NLT

God is able to do much more than we ask or imagine, proving that our requests are an act of faith that opens the doors to God's abundance.

Furthermore, asking is essential in our relationships with others. In a family context, for example, each member must have the freedom to ask for what they need. When someone asks, it facilitates communication and allows others to respond with love and support. This dynamic is essential to the healthy functioning of any community, whether it is a family, church, or an organization.

The dynamic of giving, receiving, and asking is essential in the Kingdom of God. As we ask, we show our dependence on Him and interdependence with others, fostering an environment of love and support. By recognizing that everything we have and all that we are comes from God, every request becomes an opportunity to glorify Him and experience His abundance in our lives.



In this learning process, let us learn to ask boldly, to give without reservation, and to receive with gratitude. May our lives be a reflection of His Kingdom on earth, where His will is done in us and through us.

Application:

To live in alignment with the dynamics of the Kingdom of God, it is crucial that we practice the act of asking consciously and humbly. Here are some ways to integrate it into our daily lives:

1. Ask in Prayer: Set aside time each day to present your needs and desires to God. Don't be afraid to ask for help, guidance, or provision. Let Him know what your desires are. Jesus invites us to do it:

So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. Luke 11:9-10 NIV

2. Communication in the Family: Foster a home environment where each member feels free to express their needs. Practice asking not only in times of crisis, but also in the everyday aspects of life. Ask your loved ones how you can help them, and also share what you need from them.

3. Ask the Community for help: If there are areas in your life where you feel like you can't move forward alone, don't hesitate to ask for support. Whether in church, in a group of friends or in your work sphere. Recognizing that we need others is a fundamental step towards unity and growth.

4. Gratitude upon receiving: Every time you receive something you asked for, take the time to say thank you. This recognition not only honors the person who has helped you, but also reminds you that everything comes from God, who is orchestrating every detail of your life.

Reflection Question:

What areas of my life require me to ask more intentionally? This question invites us to reflect on the areas of our lives where self-reliance has taken control. Evaluate whether there are moments when you want to do it alone, rather than seeking guidance and support from God or others.

Reflect on the meaning of asking and how this act can transform both your life and the lives of those around you. In a world that often promotes independence, being God's people means recognizing that we are designed to live in interdependence. Every time we ask, we are acting in faith and opening the doors to opportunities to experience His provision.