

# BE STRONG AND VERY COURAGEOUS

FASTING 2025

Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.”

Joshua 1:8-9 NLT

God desires us to remain steadfast on His path. Hence, the importance of being strong and courageous in seeking and remaining in His Word. This is the key to living, bringing, and manifesting the Kingdom of God here on earth.

God created humanity with a purpose: that we might reign under His authority. He gave us clear instructions to guide us and warned us that turning away from His Word would leave us without power and protection. Obedience to His Word is essential for staying under His rule and experiencing His Kingdom.

“Now listen! Today I am giving you a choice between life and death, between prosperity and disaster. For I command you this day to love the Lord your God and to keep his commands, decrees, and regulations by walking in his ways. If you do this, you will live and multiply, and the Lord your God will bless you and the land you are about to enter and occupy.

Deuteronomy 30:15-16 NLT

The history of the people of Israel serves as a clear example of how lukewarmness and distancing from the Word of God leads to oppression and lack of direction. Despite being freed from Egypt and receiving promises, they began to turn their hearts away from God's instructions. Their disobedience ultimately led them back into slavery.

Through Joshua, God reminds them of the importance of being strong and courageous, and of remaining faithful to His Word. He instructs them to obey it, meditate on it, and follow it without deviating. This commitment would not only ensure their success in conquering the land, but also remind them that their authority comes from their obedience.

Unless the Lord builds the house, the builders labor in vain.  
Unless the Lord watches over the city, the guards stand watch in vain. In vain you rise early and stay up late, toiling for food to eat—for he grants sleep to those he loves.

Psalms 127:1-2 NIV

Lukewarmness or disobedience can lead us to a life of futile efforts. In general, we strive and work hard to achieve many things—building a career, a job, a project, or a family—yet we fail to understand that our Father calls us to remain in His Word, not only as a duty but because in it we find true life and purpose. Striving to follow His path and making decisions aligned with His will is what will allow us to experience blessing and prosperity in all aspects of our lives.

Remaining in God's Word not only keeps us connected to His purpose, but also helps us live as true representatives of His Kingdom here on earth. As we strive to follow His guidance and make His Word the foundation of our lives, we discover the abundance and peace that only He can provide.

The invitation to remain in His Word is a call to all of us. May every day, upon waking, enable us to choose to live with courage and determination, seeking His guidance in every aspect of our lives, and remembering that our effort and dedication are rewarded in the Kingdom of God.

### **Application**


Set a specific time each day to read the Bible. It's not just about reading, but about meditating on what you've read and looking for ways to apply those teachings to your life.

Join a Bible study group or discipleship class. Sharing your questions and reflections with others can deepen your understanding of the Word and encourage you to remain in it.

Ask the Holy Spirit to enlighten and guide you as you study the Word. Sincere prayer can prepare your heart and mind to receive God's teaching.

As you read, make a conscious effort to obey what God is showing you. Obedience to His Word is a demonstration of your love and faith in Him.





Foster an attitude of gratitude: Write down things you are grateful for every day and recognize how God has been present in your life. A grateful heart is more willing to obey and remain in His path.

**Reflection**

What things in my life are keeping me from studying the Word of God? What steps can I take to reactivate my commitment to Him and live according to His will?

